

LODGING INFORMATION



NISHIMURAYA HONKAN

A purely Japanese ryokan that conveys the history and tradition of over 150 years since its establishment. Sukiya-style rooms make use of traditional Japanese architecture, each room having its own charm and beauty. Enjoy a welcoming Japanese garden that looks like it came out of a painting.



PRIVATE ONSEN OF NISHIMURAYA HOTEL SHOGETSUTEI

Located in a natural forest garden, this private spa has an outdoor hot spring bath, a stone sauna and a living room. There are three rooms, each with their own charm. This experience will upgrade your onsen trip.



SANPOU

Starting with local vegetables and time-honored Japanese traditions, chefs cook colorful ingredients right in front of the customers. You can enjoy the work of a chef who spares no time using charcoal fire and delicate Japanese techniques, as well as the deliciousness and beauty of seasonal ingredients.



KINPARO

Located in the San'in Kaigan Geopark, a world geopark, and near Kinosaki Onsen, this hotel boasts a panoramic view of the magnificent Sea of Japan. Facing the Sea of Japan, Kinparo offers meals that make use of the taste of high-quality ingredients such as Tajima beef and stork-friendly rice, as well as seafood caught at the Tsuyama Fishing Port and mountain vegetables unique to the San'in Kaigan Geopark. You can enjoy the meals in an open kitchen dining area or in a private traditional Japanese restaurant.

ACCESS GUIDE

Access from
OSAKA, KYOTO, KOBE & HIMEJI

By TRAIN

From OSAKA or KOBE - about 2hrs 40min
From KYOTO - about 2hrs 30min
From HIMEJI - about 1hr 45min

By BUS

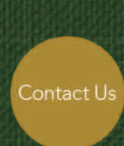
From OSAKA - about 3hrs 20min
From KOBE - about 3hrs 10min

By CAR

From OSAKA - about 3hrs 30min
From KYOTO or KOBE - about 3hrs
From HIMEJI - about 2hrs



EXTRA NIGHTS FOR EXCEPTIONAL RELAXATION IN KINOSAKI ONSEN



Toyooka Tourism Innovation

E-mail: info@toyooka-tourism.com
<https://visitkinosaki.com/travel-professionals/>



Issue date - September 2019



Visit Kinosaki



TOJI: HOT SPRING THERAPY THAT HEALS BOTH THE BODY AND SOUL

While staying in a ryokan, you can experience onsen culture and eat delicious food. Come visit to heal the body & soul, and to experience traditional Japanese culture.

DAY 1

Experience Traditional Culture

Take train from Kyoto/Osaka and arrive in Kinosaki Onsen. Go on the **Nishimuraya Honkan Guided Interior and Kitchen Tour**, followed by the **Onsenji Temple Hot Spring Therapy Origins Tour**. Afterwards, check in at Nishimuraya Honkan and then have some free time. Have dinner at Nishimuraya Honkan, followed by more free time. We recommend using the free time to stroll through town and visit the public hot springs while wearing yukata.

DAY 2

Experience the Clearing of Your Mind and the Warming of Your Heart

Have breakfast at the ryokan, followed by free time strolling through Kinosaki Onsen and visiting the public hot springs. Participate in the **Gokurakuji Temple Zazen and Matcha Experience with Private Nursery School Tour** and have lunch with the nursery schoolchildren. Afterwards, you have more free time. We recommend a self-guided tour by rental bicycle (in the river & port area). Have dinner at Restaurant Ricca, followed by relaxing in the private onsen at Nishimuraya Hotel Shogetsutei, Nishimuraya's other ryokan. Return to Nishimuraya Honkan to stay the night.

DAY 3

Experience Local Life and Become an Honorary Local

Have breakfast at the ryokan, followed by free time (recommendation: stroll through Kinosaki Onsen Town and visit the public hot springs). After, join the **Seafood Market Visit with Cooking Class and Seafood Okonomiyaki Meal**. Afterwards you have more free time, which we recommend using on a riverside walk and hiking Mt. Jajayama (take train to JR Takeno Station from JR Kinosaki Onsen Station). Have dinner at Restaurant Sanpou and then return to the ryokan.

DAY 4

Experience Traditional Crafts and Make Great Memories

Start with breakfast at the ryokan, followed by free time (recommendation: stroll through Kinosaki Onsen Town and visit the public hot springs). Then participate in the **Straw Craft Activity and Craftsman Workshop Tour**, followed by lunch. Return to Kyoto/Osaka by train.



Onsenji Temple Hot Spring Therapy Origins Tour

- Visit the Onsenji Temple. Learn about toji, Kinosaki Onsen's ancient bathing method.
- Bring home a tenugui (traditional hand towel).
- Ride the Kinosaki cable car (Ropeway) up Mt. Daishi for a stunning summit view
- Try clay disc throwing at Mt. Daishi's summit, a fun local custom for wish-making.



Zazen and Matcha Experience with Private Nursery School Tour

- Enjoy a guided walking tour between Kinosaki Onsen Station and Gokurakuji Temple
- Wear a samue, the traditional work clothes worn by Buddhist monks
- Try zazen and listen to a traditional Buddhist sermon
- Tour the temple grounds, including the magnificent Japanese rock garden
- Enjoy a private nursery school tour with a school lunch



Seafood Market Visit with Cooking Class and Seafood Okonomiyaki Meal

- Experience a local fresh seafood market (Okesho Sengyo)
- Enjoy a private seafood cooking lesson
- Learn how to examine and select the freshest, most delicious seafood
- Receive seafood advice and preparation instructions
- Relish a delicious seafood okonomiyaki lunch and fresh seafood



Straw Craft Activity and Craftsman Workshop Tour

- Uncover more about mugiwara zaiku, a craft native to Kinosaki Onsen
- Create your own lovely souvenir by cutting, positioning, and pasting delicate pieces of straw onto a box in an intricate design
- Receive guidance from a local straw craft artisan and an English-speaking guide

REJUVENATE YOUR BODY AND SPIRIT IN THE COUNTRYSIDE OF JAPAN

Experience local countryside life and nature in a town where people and Oriental White Storks live together in harmony. See breathtaking landscapes and try dishes made from natural ingredients grown right here.



DAY 1

View the Entire Town

Take train from Kyoto/Osaka and arrive in Kinosaki Onsen. Take some time to walk through Kinosaki Onsen Town. Afterwards, hike up Mt. Daishi (or ride the ropeway up to the top). From there, take a look at this hot spring town surrounded by the sea, rivers, and mountains. Then you'll check in at Hotel Kinparo, followed by more free time. Have dinner at Hotel Kinparo and stay the night.

DAY 2

Learn about the Oriental White Stork's Story of Extinction and Revival

Join the Tsuiyama Fishing Port Morning Market Tour (on either this day or Day 3, depending on when there's a fish auction), followed by breakfast at Hotel Kinparo.. Afterwards, go on the **Oriental White Stork Observation Tour**. Then you have free time to stroll through town and visit the public hot springs. Afterwards, have dinner at Hotel Kinparo and stay the night.

DAY 3

Experience the Power of the Land's Abundant Natural Resources

Start with breakfast at Hotel Kinparo. Take a complimentary shuttle bus to Kinosaki Onsen Station, from where you will take a train to Ebara Station. You will be picked up there for the **Kannabe Highlands Cycling with Local Picnic**. Afterwards you'll return to Ebara Station and take the train back to Kinosaki Onsen Station. Take some time to stroll through Kinosaki Onsen Town. After, join the **Private Meat Sommelier Lesson and Tajima Beef Meal** for dinner. Afterwards you'll have more free time before returning to Hotel Kinparo.

DAY 4

See Locals Using Natural Resources

Have breakfast at Hotel Kinparo and then check out. Afterwards, head to Takeno from the Hiyoriyama Coast by hired vehicle along the San'in Kaigan Geopark. See and learn about **Takeno's sea salt-making and stroll through Takeno's town together with your guide**. You'll hike up Mt. Jajayama, see the charred wooden townscape, and more! Afterwards, take the train from Takeno Station to Kinosaki Onsen Station. From there, return by train to Kyoto/Osaka.



Oriental White Stork Observation Tour

- See the first wild storks to be born in Japan in almost 50 years
- Take a private tour of local wetlands and the Hyogo Park of the Oriental White Stork
- Enjoy a stork-friendly organic lunch
- Included hotel transfer to and from accommodation in Kinosaki Onsen



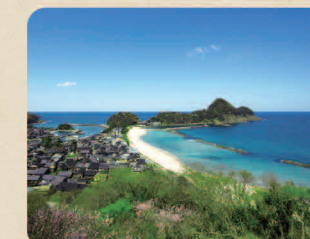
Kannabe Highlands Cycling with Local Picnic

- Refresh yourself in the wonderful Kannabe Highlands near Kinosaki Onsen
- Bicycle through the verdant nature of the Kannabe Highlands
- Visit Sobu no Sato tofu shop (closed Mondays and Tuesdays) to sample soymilk and tofu
- Take photos of the impressive 24-meter Hattan Falls (Hattan No Taki Waterfall)
- Harvest seasonal organic vegetables and relish an outdoor lunch at Rin-en Farm



Private Meat Sommelier Lesson and Tajima Beef Meal

- Relish succulent Tajima beef and side dishes together as an exquisite meal
- Watch a meat sommelier demonstrate proper beef preparation
- Take home Takeno Kaigan salt (60 grams) as a souvenir



Takeno Excursion Unique to This Countryside Tour

- Travel by hired vehicle to Takeno from the Hiyoriyama Coast along the San'in Kaigan Geopark
- See firsthand Takeno sea salt-making
- Explore Takeno and enjoy the quiet village area with a charred wooden landscape
- Hike up Mt. Jajayama and see a magnificent view of the town and beach



TAJIMA BEEF

The origin of the world-famous Kobe beef is Tajima beef. Steers bred and raised in Tajima are auctioned off at a young age to become high class beefs such as Matsuzaka, Omi, and Kobe beef. The appeal of Tajima beef is its marbled texture and soft, pleasant taste.



ORIENTAL WHITE STORK-FRIENDLY RICE

Stork Natural Rice uses an environmentally friendly farming method that cultivates quality rice while nurturing various living creatures, but was originally created to support the Oriental White Storks' revival. It does not rely on agricultural chemicals and chemical fertilizers, making it healthy and safe for consumption.



PESTICIDE-FREE VEGETABLE

Abundant nature in Tajima (Toyooka): pesticide-free vegetables and wasabi grown in clean air, water, and nutrient-rich soil.

