



# Extra Nights in KINOSAKI

Double the adventure by staying a few extra nights in Kinosaki Onsen!



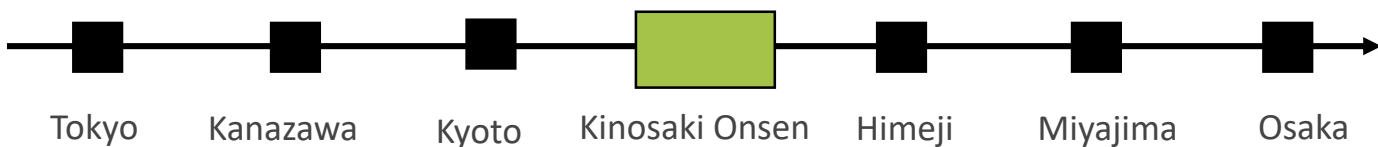
## KINOSAKI ONSEN

Experience a traditional Japanese onsen vacation with 1300 years of history



Kinosaki Onsen's first hot spring was discovered over 1300 years ago. Today, there are 7 hot spring bathhouses located within the town. Each bathhouse has its own unique style, from an open-air cave to bathing alongside a waterfall. Yukata were basically made to help you enjoy the hot springs even more. They are easier to slip on and off, and they also absorb any excess water that your towel might have missed. Walk from onsen to onsen in your yukata; it's about a 5-minute walk between each one.

**While in Japan, spend 3-4 days off the beaten path!**



Travel off the beaten path from Tokyo, Osaka, or Kyoto by heading over to Kinosaki Onsen for a stay of 3-4 days. We know you will have a wonderful time in this quaint onsen destination and its equally charming surrounding towns!

## Near KINOSAKI ONSEN

Planning on staying in Kinosaki for more than a day and wanting to see more? Then check out the surrounding towns which have diverse landscapes and landmarks. These areas can be easily visited as a day trip, giving you plenty of time to get back to Kinosaki Onsen in time for your ryokan's kaiseki dinner.

# Blue Waters & Peaceful Village TAKENO



Takeno is a quiet fishing town with beautiful nature, friendly residents, and traditional houses. The town features great hiking spots with views of the ocean and the entire town, as well as kayaking and swimming in the summer. It takes 10 minutes from Kinosaki Onsen by train. Enjoy the peaceful sights and sounds of Takeno Beach.



## Riverside Walk

You will find small shops and traditional landscapes featuring homes with dark brown or black wood sidings. These were not painted, but rather burnt using a centuries-old technique of charring the surface of the cedar wood called *yakisugi*. This weathering process gives the wood durability against saltwater, surf, and sun as well as a nice aesthetic. It is part of the town's charm and beauty that should not be missed.

## Cycling the San'in Geopark

Renting a bicycle will help you cover more ground and see more of the town in less time. You can also see one of the symbols of the San'in Geopark, Hasakari Rock.

Hasakari is local dialect that roughly translates to "stuck" or "to be wedged between". The three rocks used to be one large rock with a cave that had been eroded by the waves. Further erosion caused the upper part of the cave to collapse and become stuck, creating the current natural "art" formation.



## Hiking on the Nekozaki Peninsula (about 1 km – about 2 hours)

You can enjoy a hike out to the Nekozaki Lighthouse at the end of the peninsula. At the tip you will have an expansive 270-degree view out over the Sea of Japan and the coast. Various migratory birds can be heard depending on the season from the peninsula as you walk through forest tunnels and over bridges. See various flowers throughout the year.





## Experience Nostalgic Japan IZUSHI



Izushi is a castle town that flourished about 300 years ago. There are several fine displays of traditional architecture found throughout the town. The Eirakukan Kabuki Theatre, built in 1901, is the oldest Kabuki theater in the Kansai region that is still standing in the same place it was built.



### Torii Gates

37 vermilion-lacquered torii gates line the steps leading up to Izushi's castle ruins, similar to Kyoto's Fushimi Inari Taisha except without the crowds! They stand underneath Japanese *momiji* trees, which change from lush green to in the spring and summer to a mix of red, yellow, and orange in the fall.

### Shinkoro Clock Tower

Built in the Meiji Era and formerly a part of the gate system into the castle. Its name means "time drum tower" in reference to the old-time system. A person would beat a drum from inside the clock to signal the start of the working day.



### Izushi Sara Soba

Soba in Japan is usually served in a large dish. But Izushi Sara Soba is traditionally served on small plates, a single serving consisting of 5 plates. There are about 50 soba noodle shops in Izushi that showcase this interesting serving method.

Use your chopstick to measure how many plates of soba you have eaten. 20 plates stack up to the height of a single chopstick. If you are able to finish off at least 20 plates (or 15 for women and children) in one sitting, you are given a commemorative plaque called a "Soba-dori" as a fun souvenir.



## SAMPLE ITINERARIES

### {Onsen & Sea} Toyooka Water Activities 3 DAYS & 2 NIGHTS

Explore the seaside town and beaches of Takeno. Takeno is only 1 train stop north of Kinosaki and is known for its pristine beaches and crystal-clear waters.

#### Day 1

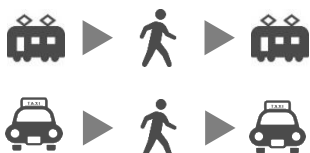


Leave Kyoto by express train to **Kinosaki Onsen**. The real pleasure of staying in Kinosaki is strolling through the town in yukata while enjoying a bite to eat and something to drink. Enjoy some local beer and gelato, as well as delicious street food such as meat on skewers and steamed buns.



Kinosaki Onsen

#### Day 2



Take the train to Takeno Beach in the morning. Start off the day with breakfast in your ryokan, followed by strolling through Kinosaki Onsen. Afterwards, take JR train from Kinosaki Onsen Station to Takeno Station. Once you arrive, you will begin the eco-tour. This includes **geopark sea kayaking**, followed by BBQing near the beach. You can paddle around in a sea kayak with a Takeno Geo Canoe, exploring the scenic views of San'in Coastal Geo Park. The water is calm and crystal-clear!



Geopark Sea Kayaking

#### Day 3



On your last day in Kinosaki Onsen, rent a bicycle to go on one of 2 recommended courses. On the first course, you can see the magnificent Sea of Japan. On this route you bike to **Kehi Beach**, the swimming beach and campsite closest to Kinosaki Onsen, as well as the **Tsuiyama Fishing Port** and past the Maruyama River. The other course takes you to see the **Genbudo Caves**, which consist of 5 caves made of columnar joints that formed over 1.6 million years ago after the magma from a volcanic eruption cooled, contracted, and formed vertical cracks. Leave Kinosaki Onsen by express train to Osaka/Kyoto in the evening.



Sasaura Bay & Benzaiten

Genbudo Caves

Tsuiyama Fishing Port

# SAMPLE ITINERARIES

## Izushi Castle Town Tours 4 DAYS & 3 NIGHTS

Explore the nearby castle town of Izushi. Stroll through town, enjoy the well-preserved Edo era architecture, visit a samurai house, take a tour of Kansai's oldest working kabuki theatre, and have the local specialty, sara soba or buckwheat noodles, for lunch. Includes options for a self-guided cycling tour to Kehi Beach, Genbudo Museum & Park, and other areas along the Maruyama River.

### Day 1



Leave Kyoto by express train to Kinosaki Onsen. Spend time exploring the many fascinating shops in Kinosaki. Then, you can take the Kinosaki Onsen Ropeway up halfway to Onsenji Station, where you can visit the **Onsenji Temple**. Afterwards, you can hop back on the ropeway to go up to the top of the mountain. From there you can sip coffee while enjoying the view or try your hand at throwing small discs (*kawarake*) at a target located just off the mountain.

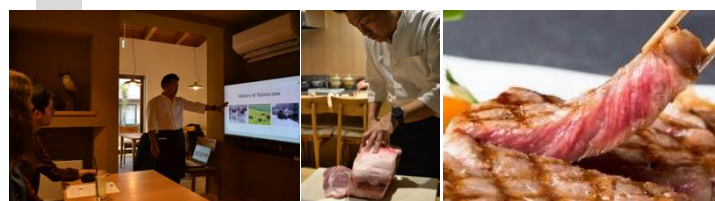
Spend the night in your ryokan, enjoying the peaceful atmosphere and a delicious dinner. You can also go to onsen-hopping.



### Day 2



Learn the history of **Tajima beef** and watch a meat sommelier demonstrate beef cutting skills in a private dining space. Enjoy a mouth-watering meal of Tajima beef following the lesson. After lunch, explore the **River & Port Area** by rent-a-cycle. On this route, you can bike to Kehi Beach, Tsuiyama Fishing Port, and past the Maruyama River. During the spring and summer months, you can enjoy swimming in the ocean at Kehi Beach, as well as barbecuing.



### Day 3



Start off the day with breakfast at your ryokan, followed by a nice stroll through Kinosaki Onsen. In the late morning, take a bus to Izushi Castle Town for a short visit. Afterwards, explore all of the interesting sites that **Izushi** has to offer. These include beautiful castle ruins and the **Eirakukan Kabuki Theatre**. In the afternoon, meet at **Sukyoji Temple** and get a tour of the temple and gardens. Afterwards, practice Zazen meditation, as well as either *shakyo* (sutra-copying) or *shabutsu* (tracing a picture of a Buddhist image). The monk will then serve you tea and chat with you – you may ask any questions you'd like with the help of an English guide.



### Day 4



On your last day in Kinosaki Onsen, wake up early and be the first to arrive at one of the public onsen to receive a prize! Have you visited all 7 of Kinosaki's public onsens yet?

If not, this is the last chance to visit all 7 and have no regrets! Leave Kinosaki Onsen by express train back to Kyoto.







# One day is not enough with all of these tours & activities!

We encourage participation in tours in order to see all that this area has to offer. See some of our available tours below:

## Nishimuraya Honkan Stay with Guided Interior & Kitchen Tours

At Nishimuraya Honkan, you'll experience a classic Japanese inn. Here, you'll enjoy spacious Japanese tatami mat rooms with a private bath and/or garden view. This experience includes guided tours of the stylish architecture of Nishimuraya Honkan and the kitchen. English-speaking staff will introduce you to the unique features that make this space so special, including the garden and museum collection, as well as the kitchen.



April-October

Day 1 13:00 - Honkan Tour  
16:00 - Kitchen Tour  
18:30 - Dinner

Day 2 Breakfast, check out

Number of Participants: 2-6 people

Plan A w/ Kangetsu/Horai room: ¥67,392/adult (¥47,174/child)

Plan B w/ Hatsune/Asuka room: ¥54,432/adult (¥38,102/child)

Plan C w/ Matsu/Futama room: ¥62,208/adult (¥43,546/child)

### INCLUDED IN PRICE

Nishimuraya Hiratakan annex stay with a garden view, seasonal kaiseki dinner with Tajima beef, breakfast, complimentary pass to public hot springs, complimentary access to hot spring baths of Shogetsutei

\*There is no tour-only option (w/out Nishimuraya Honkan stay).

## More Activities

### Private Meat Sommelier Lesson and Tajima Beef Meal in Kinosaki



Learn the history of Tajima beef and watch a meat sommelier demonstrate beef cutting skills in a private dining space. Enjoy a mouth-watering meal of Tajima beef following the lesson.

April-October

11:00 - 13:00

¥32,400 / person

Irori dining MIKUNI "Green Terrace"  
221 Yushima, Kinosaki-cho, Toyooka-shi

### Gorgeous photos for any occasion- Professional Photoshoot in Kinosaki



Capture splendid memories of your trip to Kinosaki with help from a professional photographer!

April-November

30 min. (plans from 9:00 -16:00)

¥17,200 per group (will receive 10 photos)

Igaki Photo Studio  
624-5 Yushima, Kinosaki-cho, Toyooka-shi

## Zen Meditation, Buddhist Sermon, & Matcha at Gokurakuji Temple



**Try zen meditation and experience local Japanese culture at a lesser-known, local Kinosaki temple!**

In a secluded part of town stands Gokurakuji Temple. Experience seated Zen meditation there while gazing outside at the tranquil rock garden. There will be a sheet written in English with instructions on how to properly meditate, and the Buddhist priest can show you how. The priest's sermon will also be printed out for you to read after you're done meditating. You can also wear traditional monk's working clothes while you meditate! Afterwards, you will be served matcha and local Japanese sweets.

🕒 10:00 - 11:30 or 13:45 - 15:15

🎫 ¥3,300 / adult (¥1,980 / child)

📍 Gokurakuji Temple, 802 Yushima, Kinosaki-cho, Toyooka-shi

## Meditate & More with a Local Buddhist Monk (with English guide)



**Take this chance to casually chat with a Japanese Buddhist monk in his own house!**

His name is Yudoh Kohara, and he has been the monk for Sukyoji for 12 years. Over a bowl of matcha and scrumptious traditional sweets, you can ask him any questions that you'd like, such as questions regarding the history of the temple, the monk's own background, and Buddhist teachings. Zazen is a type of seated meditation that originated in India. You can escape from hectic everyday life and open your ears to the sounds of nature during Zazen.

🕒 13:30 - 15:30

🎫 ¥4,700-¥7,300 / person (depending on number of participants)

📍 Sukyoji Temple, 33 Tojo, Izushi-cho, Toyooka-shi

## Kabuki Show at Eirakukan in Izushi



Enjoy live Kabuki performances from November 4<sup>th</sup>-10<sup>th</sup>, 2019 at Eirakukan Kabuki Theater, the oldest Kabuki venue in the Kansai area.

Eirakukan Kabuki Theater performance tickets typically sell out very quickly each year due to particularly high demand. Don't miss out on this unique opportunity to see this year's live Kabuki performance.

📅 November

🕒 Afternoon Show: 11:30 - 14:30

Evening Show: 16:00 - 19:00

🎫 ¥12,000

📍 Eirakukan, 17-2 Yanagi, Izushi-cho, Toyooka-shi

## Breezy Highlands Cycling



Cycle along vast rice fields, cultivated farmlands, and villages in between broad-leaved trees, together with a guide who has extensive knowledge on the Kannabe Highlands. While cycling, harvest and collect ingredients grown in the rich nature of the Kannabe Highlands and sold in various local shops. Afterwards, enjoy cooking your ingredients next to a farm full of fresh vegetables. After lunch, explore the hidden Hattan Falls!

📅 April-October

🕒 10:40 - 15:00

🎫 ¥10,500 / adult

The meeting place is at JR Ebara Station





# Visit Kinosaki

## INFORMATION

### Before you travel...

#### Visit Kinosaki



The Official Tourism Site of Toyooka City  
<https://visitkinosaki.com/>

Hotel reservations can be made in Visit Kinosaki. This site is useful for finding information on Kinosaki Onsen's history, activities, and dining.

**COMPANY NAME:** Toyooka Tourism Innovation (TTI) [Mira]  
Please feel free to contact us for more information on Kinosaki Onsen.

### When you arrive at Kinosaki Onsen Station...



#### SOZORO

Kinosaki Onsen Tourist Information  
<http://kinosaki-info.com/>

This new tourist information center is focused on sightseeing & activities. Staff can help arrange tours around the region.

TEL +81-796-32-0013  
96 Yushima, Kinosaki-cho, Toyooka-shi

