

Onsenji Temple Hot Spring Therapy Origins Tour



Onsenji is a temple in Kinosaki Onsen with rich history regarding the town's hot spring waters. Built in 738 AD, Onsenji Temple's main hall used to be a pilgrimage site for those looking to visit the onsen. There they would pray to the hot spring's guardian for a blessing to be healed by the waters before entering the sacred hot springs. They would then receive a *yu-shaku*, or hot spring ladle that would serve as an entry ticket to the hot springs. This ritual was followed until the Edo period. On this tour, learn about these ancient rituals, Onsenji Temple's history, the founder of Kinosaki Onsen, and more!

HIGHLIGHTS

- See the temple's ancient religious objects and learn about its story
- See a breathtaking view of the entire town from the top of the mountain, try clay disc-throwing
- Receive a special hand towel souvenir with bathing ritual instructions written on them

SCHEDULE

- 09:30 (or 14:30) Meet guide at Kinosaki Onsen Station or your lodging ryokan in Kinosaki
- 10:00 (or 15:00) Hike up to Onsenji Temple from Yakushido Hall
- 10:20 (or 15:20) Learn about the history of the temple, the origin of the onsen waters, and the ancient onsen prayer rituals
- 11:10 (or 16:10) Ride the ropeway up to the summit, enjoy the landscape, try clay disc-throwing
- 11:50 (or 16:50) Ride the ropeway back to the bottom
- 12:00 (or 17:00) End of tour

MEETING PLACE: Kinosaki Onsen Station, 283 Yushima, Kinosaki-cho, Toyooka-shi, Hyogo-ken

ACCOMPANYING GUIDE: Included

RESERVATION DEADLINE: 5 days before activity

NET PRICE: 2-6 people 6,600 yen per adult

