

Kannabe Highlands Cycling with Local Picnic



Cycle along vast rice fields, cultivated farmlands, and villages in between broad-leaved trees, together with a guide who has extensive knowledge on the Kannabe Highlands. While cycling, harvest and collect ingredients grown in the rich nature of the Kannabe Highlands and sold in various local shops. Afterwards, enjoy cooking your ingredients in a hideaway outdoor cooking area next to the Hattan Falls!

HIGHLIGHTS

- Refresh yourself in the wonderful Kannabe Highlands near Kinosaki Onsen
- Bicycle or hike through the verdant nature of the Kannabe Highlands
- Pick local produce and snack on local foods along the way
- Relish an outdoor cookout at Rin-en Farm or Nanairo Mountain Lodge
- Cook local vegetables or make sandwiches using local ingredients

SCHEDULE

10:40 Meet your guide at JR Ebara Station

11:00 Activity briefing at Nanairo

11:10 Cycling Start

(Ten Shrine, Sobu no Sato, caves, Hiraoka Farm (harvest seasonal vegetables), Hattan Falls (mystical waterfall, you can play in the waterfall's basin) & Outdoor Lunch with collected ingredients)

15:00 End of Activity

Choose between 2 options:

Option 1: visit Yutorogi Onsen, then go by bus to Ebara,

Option 2: go with guide in car to Ebara



MEETING PLACE: Ebara Station, 13-2 Hioki, Hidaka-cho, Toyooka-shi, Hyogo-ken

ACCOMPANYING GUIDE: Included

RESERVATION DEADLINE: 5 days before activity

NET PRICE: 2-5 people 10,500 yen per adult