

Full Day Izushi Tour with Meditation & Meeting a Monk!



Take this chance to explore the castle town with an English-speaking local AND to casually chat with a Japanese Buddhist monk! Visit interesting spots in town such as the Eirakukan Kabuki Theatre, the Samurai House, and the Izushi Castle Ruins. The local guide has personal anecdotes and lots of interesting facts about each location. After the morning tour and lunch, you get the opportunity to participate in two traditional Buddhist activities: Zazen meditation and *Shakyo* (sutra-copying) or *Shabutsu* (tracing a picture of a Buddhist image).

HIGHLIGHTS

- Get your own personal guide of Izushi, near Kinosaki Onsen
- Chat with a Buddhist Monk
- Participate in Meditation, and more
- Receive special souvenir

SCHEDULE

- 09:45 Meet guide at Kinosaki Tourist Information SOZORO
- 10:09 Depart from Kinosaki Onsen for Izushi by JR train and bus
- 11:10 Explore Izushi with guide
- 12:15 Lunch: Izushi Sara Soba, the town's specialty
- 13:30 Get a tour of Sukyoji temple and gardens
- 14:00 Zazen meditation and *Shakyo* or *Shabutsu*
- 15:00 Tea and Chat with the temple's monk
- 15:30 End of activity
- 16:00 Depart from Izushi for Kinosaki Onsen by bus and JR Train
- 17:12 Arrive at Kinosaki Onsen Station



MEETING PLACE: Kinosaki Tourist Information SOZORO,
96 Yushima, Kinosaki-cho, Toyooka-shi, Hyogo-ken

ACCOMPANYING GUIDE: Included

RESERVATION DEADLINE: 14 days before activity

NET PRICE: 2 people: 18,700 yen per adult
3 people: 14,800 yen per adult
4 people: 12,800 yen per adult
5 people: 11,600 yen per adult
6 people: 10,800 yen per adult